



## Carpathian Mountains

### ROMANIA

On this **centre-based holiday** in Romania, you will be introduced to the **untouched nature** of Transylvania, in an area known for its teeming wildlife and gently rolling landscapes. Ride through the breathtaking landscapes of the **Carpathian Mountains** and experience **exhilarating canters** through ancient forests and idyllic meadows. This holiday includes a full sightseeing day to visit famous locations: the village of **Viscri** with its fortified church, and the medieval city of **Sighisoara**. This riding holiday is ideal for **intermediate riders** who enjoy nature and are looking for an **active ride** with mostly off-road riding.

<b>Centre based holidays</b>	<b>8 days/5 days riding</b>	<b>From £1,109</b>		Open to non-riders
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### ITINERARY

## Highlights

- Visit the Stramba Valley forest and the Viscri village, both UNESCO World Heritage Sites.
- Discover the cultural wonders of Sighisoara.
- This holiday includes one overnight camping experience!
- Reasonably good chances of spotting wild bear and other small mammals.

## Day 1 — 1: Home – Bucharest Airport - No riding

Sinca Noua Guesthouse

Fly to Bucharest airport. Flights are not included but can be arranged upon request. Please make sure to book a flight landing before 4pm ready for your group transfer.

Upon arrival, you will be transferred from the airport to the accommodation (around 3h drive). At the guesthouse, you will be received with a welcome drink and a hearty dinner.

Overnight at Sinca Noua guesthouse.

## Day 2 — 2: Stramba Valley - Approx. 3 hours riding

Sinca Noua Guesthouse

After breakfast, you will go on a short tour of the farm and meet the horses. Soon enough, you will take off on your first trail, a short introductory ride


along beautiful hay meadows and ancient pastureland. The hills offer lovely sweeping views and the open meadows are conducive to a faster pace. You will cross an old beech forest, before making your way back to the guesthouse.

After lunch, you will drive up towards the famous Stramba Valley forest – a UNESCO World Heritage Site. From there, you will set off on a 2-hour hike to learn more about the ecosystem of the mixed mountain forests of the Carpathians.

Dinner and overnight at Sinca Noua.

## Day 3 — 3: Mountain Exploration - Approx. 4/5 hours riding

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 Sinca Noua Guesthouse


Today you will head out on a full day ride along meadows and through forests in the mountain foothills. There are plenty of opportunities to trot and canter. No doubt that you will be impressed by the variety of wild flowers in the springtime, and with a little luck you might even come across tracks of bears or wild boar.

After lunch break, enjoy beautiful panoramic views as you make your way back to the stables.

Overnight at Sinca Noua guesthouse.

## Day 4 — 4: Sighisoara & Viscri - No riding

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
 Sinca Noua Guesthouse

Today horses and riders will have a deserved break while you go on to explore more of this rural area in Transylvania. After leaving Sinca Noua, and driving for a couple of hours, you will arrive at Sighisoara, one of the cultural centres of the Transylvanian Saxons. You will then visit the village of Viscri, known for its fortified church, yet another UNESCO World Heritage Site.

Transfer back to the accommodation, where a traditional Saxon meal awaits you.

## Day 5 — 5: Forests & Camping - Approx. 4/5h riding

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 Sinca Noua Guesthouse

Today you will set off on a 2-day 50km roundtrip that will lead you through the endless forests of Transylvania. You will cross different meadows which will invite you to some long canters.


In the afternoon, you will head to the overnight location. Upon arrival, you will feel as if you travelled back in time. The inhabitants of the few mountain farms around rely on the horse to develop their crops, and have no access to electricity or running water.

The camp will be set up in one of the farms with breathtaking views over the valleys. Enjoy a rustic dinner cooked over the fire before calling it a night.

Please note that, if you don't fancy camping out in tents, the local team will pick you up after dinner (20 min walk is necessary) and drive you to the guesthouse for the night and back again the next morning. This transfer is free of charge.

## Day 6 — 6: Wild Forests of Transylvania - Approx. 4/5h riding

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 Sinca Noua Guesthouse


In the morning, you will pack your belongings set out for another ride in the wild forests of Transylvania. It is quite common to find tracks of wolves or bear in this area – although actually spotting them is a more arduous mission!

Arrive at back at the guesthouse in the afternoon and spend the rest of the day at leisure.

Tonight, you may visit a hide in the forest where you have high chances of spotting bear. Depending on local conditions this might be offered on a different night.

## Day 7 — 7: Dracula's Castle - Approx. 3h riding

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 Sinca Noua Guesthouse

After a lovely breakfast, you will set off on your last ride of the week, another 3h loop with the chance to enjoy a few more canters before returning to the guesthouse for lunch.

In the afternoon, you will ride towards the nearby Bran castle, also known as Dracula's castle. Here you will learn that the history is much more exciting than the legend...

After dinner at the guesthouse, you may watch a video about your hosts' conservation or enjoy the open fire for a drink.

## Day 8 — 8: Bucharest – Home - No riding

After breakfast, you will be transferred to the airport. Please book a flight departing after 2:00 pm to allow time for your transfer.

### DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS
19/04/2025	26/04/2025	£1,109	Open
03/05/2025	10/05/2025	£1,109	Guaranteed departure
17/05/2025	24/05/2025	£1,109	Guaranteed departure
31/05/2025	07/06/2025	£1,317	Full
14/06/2025	21/06/2025	£1,317	Guaranteed departure
28/06/2025	05/07/2025	£1,317	Guaranteed departure
12/07/2025	19/07/2025	£1,317	Open
26/07/2025	02/08/2025	£1,317	Guaranteed departure
09/08/2025	16/08/2025	£1,317	Open
23/08/2025	30/08/2025	£1,317	Guaranteed departure
06/09/2025	13/09/2025	£1,317	Full
04/10/2025	11/10/2025	£1,109	Guaranteed departure
18/10/2025	25/10/2025	£1,109	Guaranteed departure
01/11/2025	08/11/2025	£1,109	Open

### Price details

- Flights or transportation to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.
- Groups are composed of a minimum of 2 riders and a maximum of 6 international riders (or 8 in the low season - April, May, October and November), plus guides.
- Rates are per person, based on two riders sharing a twin/double room.
- There is no single supplement if you are willing to share a room with another guest of the same sex. To guarantee your own room there is a single supplement of €95/£85/\$110.
- Sleeping bags can be rented from the local team. There is a fee of approx. €15 per sleeping bag, paid locally.
- Scheduled transfers from/to Bucharest airport are included. On the first day, you should land before 4pm, and, on the last day, flights should depart after 3pm. Private transfers can be arranged for €200/£175/\$215, per car, each way.
- There is an optional Bear hide visit. The rate is approx. €30 per person, paid locally. In 2025, this will be included in the rate.
- Non-riders are welcome and benefit from a special rate of €750/£645/\$835, per person, or €910/£780/\$1015 in 2025.
- Accompanied young riders are welcome from 13 yo, provided they match the riding requirements.

Rider weight limit is 95kg/15 st/209 lbs. If you are over this limit, please contact us.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

## Price includes

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### **SUPPORT TEAM**

1 English-speaking horse guide

### **LOGISTICS**

1 horse equipped with saddle and bridle per rider

### **INLAND TRANSPORT**

Airport transfers (within the schedule)

Optional transfer to the guesthouse on day 5, and back to camp on day 6

### **ACCOMMODATION**

Double room - guesthouse

### **MEALS**

Full board from dinner on day 1 to breakfast on day 8

All drinks, except the ones from the bar

### **EXTRAS**

Sightseeing visits mentioned in the itinerary

Bear hide visit

## Price doesn't include

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### **MEALS**

Drinks from the bar and personal extras

### **TRANSPORT**

International flights

### **EXTRAS**

Tips to the local team

Donation to the CARPATHIA Conservation Project

### **INSURANCE**

Visas and personal purchase

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation

## Optional

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### **ACCOMMODATION**

Single room supplement

### **TRANSPORT**

Airport transfers - outside of the regular schedule

### **EXTRAS**

Sleeping bag

## Horses

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There are around 40 horses available. They are a mix of Arab and Shagya-Arab, Kisberer, Gidran, and other Hungarian breeds. All horses have a good temperament and are both fit and surefooted.

They range in height from 15hh to 16,2hh.

You will ride different horses throughout the week – between 2-4 different horses.

## Guide & local team

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The local guides are experienced and professional. They are very familiar with all the trails and take great care of the horses and guests. Additionally, they have first aid training.

All guides speak English, while some also speak German and French.

## Minimum riding ability

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### MINIMUM RIDING ABILITY

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You must be an intermediate rider or above to join this holiday. You are able to walk, trot and canter on forward going horses, and comfortable riding out in open spaces.

Rider weight limit is 95kg/15 st/209 lbs. If you are over this limit, please contact us.

### PACE

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The riding is active with long stretches of trot and canter.

Please note that you may be required to dismount and lead your horse downhill (up to 30 min.).

Most of the riding is done in single file.

### TACKING ABILITY AND PARTICIPATION

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You are responsible for tacking and untacking your horse. You are very welcome to help with grooming as well.

### TRIP CONDITIONS AND REQUESTED EXPERIENCE

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You should be comfortable at all three paces.

The terrain is diverse, and includes mountainous sections that may be more challenging.

### EQUESTRIAN EQUIPMENT

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Endurance saddles. Saddlebags are provided.

Helmets are mandatory and you should bring your own.

## TRAVEL INFO

### COMFORT

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Accommodation is in a guesthouse located in the same property as the stables. The guesthouse has nine en-suite rooms, some of which are suitable for families. On the ground floor, there is a spacious dining room where meals are served. There is a lounge area with a bar and a fireplace so you can relax in the evenings. Wi-Fi is available.

Between May and September, there is usually one night spent camping in the mountains in dome tents (a minimum of 3 guests is required). You can rent a sleeping bag locally (check "Dates&Prices for more details).

### MEALS

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On this holiday, you will experience a variety of Romanian dishes and western cuisine. All meals offer a wide variety of organic produce that are harvested directly from the property's garden. The meat is also organic and locally sourced. Jams, spreads, breads and desserts are home-made.

Special diets can be accommodated. Please let us know in advance.

## CLIMATE

In spring and early summer, temperatures are pleasant (20-25°C). This is a great time to enjoy the spring flowers in full bloom. Summer may get rather hot (especially July/August). Riding hours during these months are often adjusted to avoid the afternoon heat. Autumn is a nice season to visit and enjoy the beautiful fall colours (average temperature of 18°C). The winter is somewhat unpredictable though there is usually a good chance of snow in January/February.

## TIPS

Tipping is common in Romania. We suggest around €40 for the staff for a one-week stay.

## PACKING LIST

Between May and September, there is usually one night spent camping in the mountains in dome tents. You are welcome to bring your sleeping bag. There are sleeping bags available for rental on-site.

### Head

- A riding helmet is mandatory. Helmet makers (GPA, HKM, LAS Helmets, Lamicell, Troxel, Equithème) now offer horse-riding helmets that are ventilated, strong, light and comfortable.
- Sunhat: cap for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana for protecting your neck and face from the sun and dust

### Upper Body

- Thermals in case of cold weather (long or short-sleeved T-shirts)
- Short or long-sleeved cotton shirts (to provide protection from the sun) or T-shirt in a quick-drying material
- Lightweight fleece or jumper
- Warm polar fleece or equivalent (plus a spare in case one gets wet)
- Warm Goretex-style jacket (water-proof and breathable)

### Legs

- 2 pairs of jodhpurs or long leather trousers
- 1 change of trousers (riding trousers or jeans)
- 1 pair of waterproof over trousers
- 1 tracksuit pants/comfortable walking trousers for optional hikes
- Cotton or synthetic underwear (non-irritant)

### Hands and feet

- 1 pair of comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps or long boots.
- 1 pair of hiking appropriate shoes (ankle-high shoes are ideal)
- Lightweight shoes or trainers for the evenings
- Several pairs of socks
- Gloves - your hands are particularly exposed to the sun, wind or rain whilst riding

### Other useful items

- Small bum bag to be worn whilst riding
- A soothing cream may be useful to treat areas irritated by long hours in the saddle
- Backpacks are not to be worn whilst riding. Everything should be kept either in pockets or in a bum bag : lip balm, sun screen, small camera, glasses, rope etc.
- Water bottle (1.5 litres or 2 equivalent)
- Toiletries
- Swiss army knife or equivalent (in checking-in luggage!!)
- Small plastic bags for your rubbish
- Ear plugs (may be useful)
- Camera and high capacity memory card. Spare battery

### Medical kit

- Sunscreen and lip balm - should be high factor
- Insect repellent
- Any medication you regularly take
- Vitamin C tablets
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..

- 10cm wide bandage
- Painkillers
- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Antiseptic wipes
- Handwash gel

#### General information

- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- In your hand luggage carry any valuables, such as your camera, ipod, ipad etc.
- Travelling in your riding boots and carrying your hat and some riding clothes is highly recommended - then if your luggage goes astray you are still able to ride

#### Our Recommendations

- Backpacks cannot be worn whilst riding. We recommend a small bum bag or a coat with pockets so that you can carry small items with you during the day (passport, camera, sunscreen, lipbalm etc)
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals