



Jumping holiday at Galiny Palace

POLAND

This is the perfect **riding holiday** for those who wish to improve their jumping technique whilst enjoying luxury accommodation. This jumping programme is suitable for **intermediate and experienced riders** wanting to either learn how to jump, gain confidence over fences, or improve existing skills. Based out of Galiny Palace, a beautifully renovated country estate, this **riding holiday** combines quality tuition and excellent standards of accommodation in the heart of Poland. You can choose classes to suit your riding ability (up to 60 cm or up to 100 cm) and really focus on your **jumping skills**, with the possibility to go cross-country jumping in good weather.

Centre based holidays	7 days (5 riding)	From £700		Family holidays from 8 y.o	Open to non-riders
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ITINERARY

Highlights

- All levels are welcome and riders will ride in groups of similar ability – small groups of up to 5 riders only.
- You stay in a beautiful 16th century country estate with comfortable rooms and a gorgeous 250 ha private park including forests, meadows, and their very own pond!
- Indoor facilities mean that your riding lessons can still go head in the event of inclement weather.
- A fantastic selection of on-site and off-site non-riding activities makes this the ideal family riding holiday, even when everyone's not keen to ride! There is also a mini farm with miniature horses, donkeys, goats, rabbits and poultry for the children to enjoy.

Day 1 — 1 : ARRIVAL AT GALINY

Galiny Palace

Fly to Poland. The nearest airport is Olsztyn-Mazury but you can also fly to Gdansk Lech Walesa Airport, Warsaw Modlin Airport, or Warsaw Chopin Airport – see dates and prices for transfer rates. Alternatively you may prefer to make your own way to Galiny by hire car.

Please note that flights are not included but can be booked for you upon request.

Day 2 — 2 : GALINY PALACE - 2 hours riding

Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are

included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 3 — 3 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 4 — 4 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 5 — 5 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 6 — 6 : GALINY PALACE - 2 hours riding

 Galiny Palace

Every day, you will ride twice under the instruction of qualified instructors. Lessons have a duration of around 1h each and are usually in the morning and afternoon. There is plenty of free time for you to enjoy the other activities on offer (tennis, cycling, hiking, fishing, sauna and more) – some are included, whilst some are at an additional cost. Renting a car is a good idea to make the most of your free time.

The one week stay (6 nights) includes 10 lessons, mainly jumping. It is also possible to stay for shorter durations (3 nights) including 5 lessons.

Day 7 — 7 : GALINY - HOME

Departure after breakfast and transfer to the airport for those who require it.

DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS
07/07/2024	13/07/2024	£1,135	Open
14/07/2024	20/07/2024	£1,135	Open
21/07/2024	27/07/2024	£1,135	Open
28/07/2024	03/08/2024	£1,135	Open
04/08/2024	10/08/2024	£1,135	Open

11/08/2024	17/08/2024	£1,135	Open
18/08/2024	24/08/2024	£1,135	Full
25/08/2024	31/08/2024	£1,135	Full
01/09/2024	07/09/2024	£1,090	Full
08/09/2024	14/09/2024	£1,090	Open
15/09/2024	21/09/2024	£1,090	Open
22/09/2024	28/09/2024	£1,090	Full
29/09/2024	05/10/2024	£1,090	Open
06/10/2024	12/10/2024	£940	Full
13/10/2024	19/10/2024	£940	Open
20/10/2024	26/10/2024	£940	Open
27/10/2024	02/11/2024	£940	Open
03/11/2024	09/11/2024	£700	Open
10/11/2024	16/11/2024	£700	Open
17/11/2024	23/11/2024	£700	Open
24/11/2024	30/11/2024	£700	Open
01/12/2024	07/12/2024	£700	Open
08/12/2024	14/12/2024	£700	Open
15/12/2024	21/12/2024	£700	Full
22/12/2024	28/12/2024	£700	Full

Price details

- Flights or transportation to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates.

- Rates are per person, based on two riders sharing a twin or double room during your holiday.

- Dates are flexible and you can arrive/depart on any day and stay for as long as you like. This holiday will confirm for one person and all departures are guaranteed. We recommend a stay of 7 nights, but it is possible to stay for 3 nights only starting from €390/£340/\$460 per person (low season/60 cm programme). Please contact us for a personalised quote over your preferred dates.

- The listed rates are for the jumping programme up to 60 cm with 10 jumping sessions (1h each). It is possible to choose a more advanced option, opting for the 100 cm programme instead at a rate of:

€970/£845/\$1000 in January, February, March, April, November & December,

€1150/£1000/\$1190 in May, June, September & October

€1300/£1135/\$1350 in July and August

- Groups are composed of a minimum of 1 rider and a maximum of 5 international riders, plus instructors

- If you sign up to the ride as a solo rider you will be charged a single room supplement of approx. £125/€140/\$155. Not applicable in the low season (January-April + November-December), in which case solo riders are automatically given a single room.

- Transfers are not included in the price but can be arranged from the following locations. All rates are one way - payable in cash (Euro) to the driver.

Car (1-3 people)

WARSAW – GALINY - €220

OLSZTYN – GALINY - €100

SZYMANY AIRPORT - GALINY - €120

GDANSK - GALINY - €170

Bus (4-8 people)

WARSAW - GALINY - €360

OLSZTYN - GALINY - €130

SZYMANY AIRPORT - GALINY - €250

GDANSK - GALINY - €310

- Alternatively you could make your own way by hire car - there is free parking on the premises.

- Rider weight limit: 90 kilos / 14,1 st / 198 lbs

- Riders from 12yo can participate in this holiday.

- Non riders are welcome to join and have a special rate:

January-April + November-December: £470/€540/\$595

May + October: £610/€700/\$770

June + September: £665/€760/\$835

July + August: £695/€795/\$875

Non-riding activities: bicycle hire, walks in the park, swimming in the lakes, fishing, wellness zone (with sauna), tennis courts, table tennis, football/volleyball/basketball courts. In the winter, cross-country skiing equipment is available. Some of those are at an additional cost and payable locally.

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

Price includes

SUPPORT TEAM

1 English-speaking horse guide and/or instructor

ACTIVITIES

1 cook

ACCOMMODATION

Double or twin room at the Grange at Galiny

MEALS

Full board from dinner on arrival to breakfast on departure

EXTRAS

10 jumping lessons (up to 60cm)

Price doesn't include

TRANSPORT

Return airport transfers

International flights

EXTRAS

Tips to the local team

INSURANCE

Cancellation and travel insurance are not included in the above listed price. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked to cover you in case of cancellation
Visas and personal purchase

Optional

ACCOMMODATION

Single room supplement if applicable

EXTRAS

Supplement for 100cm programme (see above)

EQUESTRIAN INFO

Horses

The herd consists of nearly 70 horses. The horses are mostly warmblood types (Holstein, Westphalian) and Polish crosses, but ponies are also available to children. Some are suitable to experienced riders, and others are perfect for more novice or nervous riders. They breed some of their own horses, others they brought from friendly stud farms in Poland. You will ride different horses throughout your holiday.

Guide & local team

The instructors at Galiny are Patrycja (lead instructor), Maja and Anita. They have all been instructing for a number of year and are experienced teaching all sorts of riders. Patrycja and Maja speak good English and are used to instructing international riders.

Minimum riding ability

MINIMUM RIDING ABILITY

All riding abilities are welcome at Galiny. You will ride in groups of similar ability.

The listed price includes jumping up to 60 cm, those who want to jump higher can be booked the 100 cm programme (see dates and prices).

Rider weight limit: 90 kilos / 14,1 st / 198 lbs

PACE

Lessons will be tailored to your ability.

TACKING ABILITY AND PARTICIPATION

You are welcome to groom and tack/untack your horse, although this is not mandatory.

TRIP CONDITIONS AND REQUESTED EXPERIENCE

From intermediate to experienced riders. Riders can be new to jumping but must be confident on the flat already (competent at all three paces).

Advanced riders can opt for the programme including jumping up to 100 cm.

There are three outdoor all-weather arenas, plus indoor arenas, one of which is heated up to 8°C during the winter months.

EQUESTRIAN EQUIPMENT

The horses are ridden in English tack. Snaffle bits, some hackamores.

Helmets are mandatory and we recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit. A small selection is available to borrow.

TRAVEL INFO

COMFORT

Built for the Baron Botho zu Eulenburg in 1589, the Palace today remains a rare example of Renaissance architecture, one of the best-preserved in the area of old Prussia. Each of the 36 rooms in the Grange and Palace is different. The accommodation is normally in the Grange, which is closer to the stables, but Palace rooms can be requested.

Free WiFi is available.

Free parking on-site.

MEALS

The food at Galiny Palace focuses on the freshness and quality of its ingredient, whilst celebrating the culinary traditions of the local Warmia and Masuria region. Ingredients are locally-sources or grown in their own garden.

Specialities include cabbage rolls stuffed with buckwheat, lamb dumplings, Ukrainian borscht, lamb confit in a wine-thyme sauce, potato dumplings, roast duck, and more.

Non-alcoholic drinks are included at meal times, and can be ordered at an extra charge during the day (coffee, tea, juice and beer).

Vegetarian meals and allergies can be accommodated, please contact us with your requirements.

CLIMATE

The climate in Poland is continental, with very cold winters, often below freezing, and warm summers. June, July and August can be quite hot, September and October being dry and cooler. Galiny is located along the northern coast, where the climate is milder, but you should expect snow from December to February (thankfully, one of the indoor schools is heated!).

TIPS

Tips are not mandatory but very welcome if you are pleased with the service provided.

PACKING LIST

Head

- A riding helmet is mandatory and we recommend that you take your own to ensure a correct fit. Helmet makers (GPA, HKM, LAS Helmets, Lamicell, Troxel, Equithème) now offer horse-riding helmets that are ventilated, strong, light and comfortable.

- Sunglasses - with a cord attached so they don't fly off when riding

Upper body

- Long sleeved shirts provide protection from the sun or extra warmth

- T-shirts

- Lightweight fleece or jumper

- Rain jacket

Lower body

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub

- Casual clothes for the evenings (jeans or walking trousers)

- Non-irritant cotton or synthetic underwear

Hands and Feet

- Comfortable riding boots.

- Lightweight shoes for the evenings

- Several pairs of warm socks

- Gloves - your hands are particularly exposed to the sun, wind or rain whilst riding

Other useful items

- Water bottle (1.5 litres or 2 equivalent)

- Toiletries

- Ear plugs (may be useful)

- Camera and high capacity memory card. Spare battery

Medical kit

Make sure any allergies (to medication or otherwise) and clearly stated in your medical kit

- Any medication you regularly take

- Painkillers

- Imodium or similar anti-diarrhea medication

- Sunscreen and lip balm - should be high factor

- Eye drops
- Hydrating/ soothing cream
- Plasters
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc..
- 10cm wide bandage
- Spare prescription glasses/contact lenses
- Handwash gel

Our Recommendations

- Backpacks cannot be worn whilst riding. We recommend a small bum bag or a coat with pockets so that you can carry small items with you during the day (camera, sunscreen, lip balm etc)
- A soothing cream may be useful to treat areas irritated by long hours in the saddle
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!
- Keep a copy of your passport and insurance details with you.

In your hold luggage

- Any liquids, such as shampoo, moisturiser, deodorant over 100 ml and all bottles can be decanted into small, clear, plastic Ziplock bags. We recommend biodegradable washing products where possible.
- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals
- In your hand luggage carry any valuables, such as your camera, ipod, ipad etc.

SUSTAINABLE TOURISM

1. **Travel light** . It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
2. **Reduce plastic waste** . Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
3. **Preserve nature** . Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
4. **Choose your experiences carefully** . Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
5. **Support local populations** . Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
6. **Share!** Raise awareness among your family and friends about sustainable tourism.

For more information please [see this page](#) .