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# Colca Canyon trail

### PERU

Explore the impressive Colca Canyon on this stunning **horseback trail** aboard Peruvian Paso horses. Ride deep into the canyon amidst a landscape of volcanoes, high in the Andean mountains. Discover the Inca and pre-Inca heritage of this fascinating country and visit the beautiful city of Arequipa.

Trail Riding Image: 10 days / 6 days riding Image: From £1,512 Image: Ope
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### ITINERARY

### Highlights

- Discover the deepest canyon in the world - Colca Canyon has walls over 4,000 high making it a spectacular location for a riding trail

- Beautiful Andean landscapes of volcanoes, blue skies and traditional villages
- Gentle acclimatisation and comfortable accommodation
- Ride the amazing Peruvian Paso horse with its unique gait the paso llano
- Discover the treasures of the Inca culture in the heart of the Andes
- Visit Arequipa the beautiful, white colonial city, and the world's highest lake, Lake Titicaca.

# ${\rm Day}\ 1-1{\rm :}\ {\rm ARRIVE\ IN\ AREQUIPA}$

### ( Villa Elisa Hotel Boutique

You'll need to fly to Arequipa via Lima. Flights are not included but can be booked upon request.

You will be met on arrival at Arequipa airport and transferred to your hotel. The afternoon is free for you to relax after the long flight or to take some time to explore the city. Arequipa has a splendid colonial style.

Lunch and dinner are to your own account today.

# Day 2 — 2: AREQUIPA

( Villa Elisa Hotel Boutique

An English-speaking guide will take you on a guided visit of Arequipa, including the lovely Santa Catalina convent. Lunch is included at a local restaurant.

Dinner to your own account.

### ( TRADICION COLCA

After breakfast depart at 8:00 am to the Colca Valley. Your journey takes you through the "Salinas y Aguada Blanca" reserve where alpacas, llamas and vicuñas live. You will see the Mirador volcano and cross passes at 4,900 meters above sea level, and descend into the valley at 3,500 m.

In the afternoon, you will go for a first ride around Yanque village, visiting the colonial mill and the Chapel of the Virgin of Chapi.

Dinner by the fireplace at Tradicion Colca Hotel.

# Day 4 - 4: YANQUE - COPORAQUE - UYO UYO - YANQUE - 4-5 hours riding

### (<sup>z<sub>z</sub><sup>z</sup></sup> TRADICION COLCA

After breakfast at the hotel depart for your horseback ride to Coporaque Village and its pre-Inca cemetery where the mummies of Collagua Lords were formerly safeguarded. You will have to dismount and climb a hill for 20 min to reach the graves.

Continue on to the lost city of Uyo Uyo, the ancient capital city of the "Collagua" culture. These old houses, ancient irrigation ducts and a lot of other relics prove the co-existence between the "Collaguas" and Incas. From there you will continue on through the "amphitheater"- amazing Pre-Inca terraces carved into the mountain in circular form. Along the way, you will also see the "Colcas", a kind of hidden granary that gave the name to the river, and the "amphitheater" (farming terraces highly valued by the Incas to improve cultivation of quinoa, corn...). Finally you will reach Coporaque Village, where you can see the Main square. The church has a fountain dedicated to the Inca.

You return to Yanque for lunch. In the afternoon, return to the hotel for a massage (included today) and free use of the indoor pool. In the evening have a go at star-gazing in the Observatory of Astronomy with a Dobson-type Ø18 inch Telescope and projection of a 12mn movie about the Solar System in the Planetarium.

# Day 5 — 5: YANQUE - MACA - YANQUE - 5 hours riding

( Tradicion Colca

After breakfast at the hotel you will depart at 08:00 am for a full day ride to the left side of the Colca Valley to explore the tranquillity and beauty of the landscape. On the way you pass wonderful Pre-inca terraces with their crops and have a picnic lunch.

You will be transferred back to the hotel in Yanque (c. 1hour) for a late lunch. In the afternoon you will be taken to the Hot Springs for a relaxing swim. Before dinner, use the spa facilities at the hotel (this is not included today and payable locally).

### Day 6 - 6: YANQUE - MACA - MADRIGAL - YANQUE - 4 hours riding; 1h30 walk

### ( Tradicion Colca

After an early breakfast at 5:30 am, you will be transferred to Maca before crossing the Colca river to reach the village of Madrigal.

This morning you walk for c. 1h30 to the "Chimpa" fortress, located at the top of the mountain. You will observe a miniature template of the area made of stone including the emperor's throne. The panoramic view of the valley is splendid and unique because you are able to observe both sides of the Colca Canyon and the valley where condors fly freely. The "Chimpa" fortress is a strategic military facility of the "Collagua" culture made with mountain stones.

Transfer back to Yanque.

# Day 7 — 7: YANQUE - MADRIGAL - YANQUE - 5 hours riding

### ( Tradicion Colca

You will take an 8:00 am transfer to Madrigal. You ride in the Colca Valley to the villages of Ichupampa and Lari before making your way back Yanque in the early afternoon.

On the way you can view the landscape of the Colca Valley, full of Pre-Inca terraces, mountains and animal life (cows, bulls, alpacas, llamas and sheep, attended by local people, wearing traditional clothes and costumes.) You may also see plantations being ploughed, irrigated or harvested, according to the season of your stay.

# Day 8 - 8: YANQUE - PINCHOLLO - YANQUE - 5 hours riding

### $\left( \sum_{z^{z}}^{z^{z}} Tradicion Colca \right)$

After an early breakfast, you will be transferred back to the horses before you can start your ride to the geyser of Pinchollo and Cabanaconde. On the way you will pass through amazing landscapes composed of high, snow capped volcanoes, waterfalls and huge mountains. Following the river you will finally reach the active geyser Hatun Infiernillo (4,450m). Transfer back to Yanque in the afternoon.

# Day 9 — 9: YANQUE - PUNO - No riding

Today you will take a bus to Puno (3800m), the gateway to Titicaca. Settle in your hotel and have a relaxing free evening. Dinner is not included.

# Day 10 - 10: PUNO - TITICACA - PUNO - DEPARTURE - No riding

Breakfast at 7:00 am and then depart by boat (in a group with an English-speaking guide) to cross Lake Titicaca and visit the magnificent Taquile island. After lunch (not included) continue your journey across the lake towards the Uros floating islands and return to Puno. Arrival in Puno around 4:00 pm.

Dinner to your own account and transfer to Juliaca Inca Manco Capac Airport (transfers not included). You may want to book an extra night at a hotel in Puno and transfer to the airport in the morning.

Alternatively, there are two options to extend your trip:

- Homestay in the Colca Valley: 4 extra days of horseback riding.

- Puno / Cusco / Sacred Valley / Maccu Picchu: 5 nights, 4 days. (No riding)

Please contact us for details and rates.

### DATES & PRICES

DEPARTURE	RETURN	PRICE WITHOUT FLIGHTS	STATUS
06/04/2025	15/04/2025	£1,512	Open
13/04/2025	22/04/2025	£1,512	Open
20/04/2025	29/04/2025	£1,512	Open
27/04/2025	06/05/2025	£1,512	Open
04/05/2025	13/05/2025	£1,512	Open
11/05/2025	20/05/2025	£1,512	Open
18/05/2025	27/05/2025	£1,512	Open
25/05/2025	03/06/2025	£1,512	Open
01/06/2025	10/06/2025	£1,512	Open
08/06/2025	17/06/2025	£1,512	Open
15/06/2025	24/06/2025	£1,512	Open
22/06/2025	01/07/2025	£1,512	Open
29/06/2025	08/07/2025	£1,512	Open
06/07/2025	15/07/2025	£1,512	Open
13/07/2025	22/07/2025	£1,512	Open
20/07/2025	29/07/2025	£1,512	Open

27/07/2025	05/08/2025	£1,512	Open
03/08/2025	12/08/2025	£1,512	Open
10/08/2025	19/08/2025	£1,512	Open
17/08/2025	26/08/2025	£1,512	Open
24/08/2025	02/09/2025	£1,512	Open
31/08/2025	09/09/2025	£1,512	Open
07/09/2025	16/09/2025	£1,512	Open
14/09/2025	23/09/2025	£1,512	Open
21/09/2025	30/09/2025	£1,512	Open
28/09/2025	07/10/2025	£1,512	Open
05/10/2025	14/10/2025	£1,512	Open
12/10/2025	21/10/2025	£1,512	Open
19/10/2025	28/10/2025	£1,512	Open
26/10/2025	04/11/2025	£1,512	Open
02/11/2025	11/11/2025	£1,512	Open
09/11/2025	18/11/2025	£1,512	Open
16/11/2025	25/11/2025	£1,512	Open
23/11/2025	02/12/2025	£1,512	Open
30/11/2025	09/12/2025	£1,512	Open
07/12/2025	16/12/2025	£1,512	Open
14/12/2025	23/12/2025	£1,512	Open
21/12/2025	30/12/2025	£1,512	Open
28/12/2025	06/01/2026	£1,512	Open

### Price details

- Flights to your destination (international/domestic) are not included, but can be booked on request - please contact us for rates. Please note that the arrival airport (Arequipa) is different from the departure airport (Juliaca).

- Rates are per person, based on two riders sharing a twin or double room/tent during the ride.

- Groups are composed of 2-5 riders plus an English speaking guide.

Please note: the ride will also confirm for 1 rider on payment of a supplement of \$300 / €280 / £235. Once the group has reached 2 people, we will remove this supplement from your invoice and refund you if you have already paid it.

- There is no single supplement if you are willing to share a room with another guest of the same sex. To guarantee your own room there is a single supplement of \$200 / £190 / £155.

- The transfer from Puno to Juliaca (day 10 or day 11 if you book an extra night in Puno) is not included and payable locally. This is approximately \$60-100, depending on the number of guests.

- Included in the price is daily use of the pool while staying at Tradicion Colca, as well as one entrance to the hot springs and one 30 minute massage. Use of the sauna, jacuzzi and any additional massages, are not included. - Children aged between 10 and 18 years old are welcome as long as they are accompanied by adults. They must be capable riders and happy on horses as there are no ponies. The price for children is \$1600 / €1470 / £1225.

- Accompanying non-riders are welcome. The price for non-riders is \$1650 / €1520 / £1265.

- The is an option to extend your trip with 4 extra days of riding inside the Colca Valley (staying at locals' homes), or 5 extra nights visiting Cusco, the Sacred Valleyand Macchu Picchu (no riding). Please contact us for details and rates. Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

### **Price includes**

### SUPPORT TEAM

1 English speaking horse guide

1 English speaking tour leader for the visit to Puno

### LOGISTICS

1 horse equipped with saddle and bridle per rider

### INLAND TRANSPORT

Airport transfers from Arequipa Private bus from Arequipa to Colca and from Colca to Puno TITICACA : Sightseeing bus Chivay-Puno Boat transfer from Llachon lake to Uros islands in Puno

#### ACCOMMODATION

Double room in 4\* hotel in Arequipa Nights in a 3\* hotel in Yanque and Puno

#### MEALS

Full board during the ride. Water included during the horse ride except at restaurants (drinks not included).

### EXTRAS

One 30 minute massage, one entrance to the hot springs and daily use of the pool Entry to the Observatory of Astronomy home to a Dobson-type 18 inch Telescope at Tradicion Colca Hotel in Yanque Tourist site fees described in the itinerary: Tourist entrance fees to Colca Valley and Titicaca Lake Islands; entrance to Yanque Hot Springs

### Price doesn't include

### MEALS

Beverages and personal extras Meals are not included in Arequipa and Puno unless otherwise stated.

### TRANSPORT

International and domestic flights. Please note that the arrival airport (Arequipa) is different from the departure airport (Juliaca). Airport transfer from Puno to the Airport of Juliaca or Cuzco.

### EXTRAS

Tips to the local team

### EXTRAS

Small group supplement - see above for the details

### INSURANCE

Cancellation and travel insurance are not included. Please note that insurance is mandatory. We recommend taking out an insurance policy as soon as your trip is booked in case of cancellation.

### Optional

### ACCOMMODATION

Single room supplement

### EXTRAS

Extension to Cusco and Machu Pichu (tailor made itinerary) Additional massages and activities at Tradicion Colca. Massages can be booked with prior notice.

### **EQUESTRIAN INFO**

### Horses

You ride the Peruvian Paso horse (pure and cross breeds). This breed originated in Peru and descends from Spanish horses brought in by the Conquistadors during the early 16th century. The Peruvian Paso has a characteristic extra gait called the Paso Llano - this four beat running walk is extremely comfortable and surprisingly fast.

The horses are all shod due to the rough terrain.

### Guide & local team

An Equestrian touristic English-speaking guide will lead you for the entire duration of the horse ride, with a support vehicle between Yanque, Madrigal and Pinchollo.

### Minimum riding ability

### MINIMUM RIDING ABILITY

You need to be a competent rider who is comfortable at all paces across varied terrain. You need to be open to a new style of riding and be ready to adjust to the incredibly smooth extra pace of your horse - the "paso llano".

Maximum weight limit: 90 kg/200 lbs/14.7 st

### PACE

You will mainly walk or paso llano - the running walk pace of the Peruvian Paso horse. This four time beat is very comfortable and can reach the speed of a trot or canter. Peruvian Paso horses rarely trot and so the paso llano is the preferred pace. There may be some opportunities to canter if the terrain is suitable.

You will be expected to dismount and lead your horse on occasion.

### TACKING ABILITY AND PARTICIPATION

You can assist with tacking and untacking your horse if you wish. Pack mules are used for the day you ride through the canyon and these will be tacked by the horse team.

### **TRIP CONDITIONS AND REQUESTED EXPERIENCE**

You need to be fit and in good physical condition as the ride is at altitudes varying frm 3,500m - 4,900m. You will also need to be fit enough to walk some technical sections on foot.

### **EQUESTRIAN EQUIPMENT**

You will ride using traditional Peruvian saddles called Montura de Cajon which are similar to Iberian and Portuguese saddles. They are very comfortable and make for a good seat. The rings

for the stirrups and cinch are covered with rawhide flaps. The back of the horse is protected by a woollen blanket and another leather

blanket above ("carona"). Stirrups are made of wood or leather, wooden ones in pyramid shapes and often decorated with nickel, both with a closed front.

Saddle bags are provided for small items such as sunblock or an extra layer of clothing.

Equus Journeys strongly recommend that you wear a riding helmet and that you take your own to ensure a correct fit

### **TRAVEL INFO**

#### COMFORT

In Arequipa you stay in a 4 star hotel in double/twin rooms with private bathrooms. In Yanque you stay in a 3 star spa hotel with sauna, jacuzzi and one massage included. In Puno you stay in a 3 star hotel.

If you do the extension (Inside the Colca Canyon):

In Pinchollo, Llahuar, Sangalle and San Juan you stay in rustic homestay cottages and must bring your own sleeping bag liner. You do not need to bring a sleeping bag but a sleeping bag liner is recommended for extra warmth.

Please note that it is possible that on two nights there will be no hot shower - view it as an adventure!

### MEALS

All meals are provided on the trail as well as drinking water except at restaurants (drinks are not included).

Lunches are picnics and evenings meals are provided by the hotels.

Drinks are at an extra cost when dining out in hotels/restaurants.

Please contact us in advance should you have any dietary requirements or allergies.

#### CLIMATE

Peru has two seasons - one wet and one dry.

In the heart of the Andes, the wet season runs from October to April, and the dry season from May to September. To make the most of the view and the atmosphere, the dry season is the best time to visit.

In Cusco (3,250 m) temperatures can drop to as low as zero celsius in July/August, and as high as 23c in November.

In Arequipa (2,525m) temperatures can drop as low as 6c in July/August and as high as 23c in November. There is very little rainfall in this area.

Generally there are cold nights and mornings because of the altitude, but the days can be sunny and pleasant.

### TIPS

Tips are not expected but are very welcome. You should tip what you feel is appropriate given the level of service you receive. We recommend c. £5 - £10 per person to be split between your team.

#### **PACKING LIST**

Please note: For nights spent in rustic cabins, you should only pack the bare necessities: please bring a small bag (max 3kg) for your toilet kit and spare clothing. We will tie it behind your saddle; your suitcases and bags will stay at Yanque, no luggage is carried.

The nights are cold and the days can be warm so please make sure to pack accordingly.

From December to April rain clothing is particularly recommended, although it can rain all year-round.

#### Head

- Equus Journeys strongly recommend that you wear a riding helmet and that you take your own to ensure a correct fit. There are many lightweight

options available nowadays

- Sunhat for when not riding

-  $\mathsf{Sunglasses}$  - with a cord attached so they don't fly off when riding

- Buff or bandana

- Warm hat for cold nights when camping

Upper body

- Thermals (long or short sleeved)
- Long sleeved shirts provide protection from the sun and are an extra layer
- T -s hirts
- Lightweight fleece or jumper
- Warm fleece or jumper (and a spare in case one gets wet)
- Warm and waterproof jacket it can rain at any time of year and the evenings can be particularly cold

#### Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub - Thermals

- Casual trousers for the evenings, such as jeans or tracksuit bottoms
- Waterproof over trousers
- Lightweight, comfortable trousers for non-riding days

### Hands and Feet

- Comfortable riding boots. We recommend hiking boots with half chaps but you may wish to take long chaps as an extra layer against inclement weather. We don't recommend taking your favourite long leather boots in case they get damaged. Short riding boots are not recommended as they may not provide enough traction on steep/rocky paths.

- Waterproof shoes/boots can be useful for abundant dew in the mornings or when it rains
- Trainers or equivalent light shoes for moving around the camp in the evenings
- Several pairs of warm, thick socks
- Gloves your hands are particularly exposed to the sun, cold or rain whilst riding. Waterproof gloves can be particularly useful

#### Nightwear

- Sleeping bag liner
- Pyjamas or tracksuits or thermals for sleeping in

### Our Recommendations

- Please don't take a hard sided suitcase. Your luggage should be soft sided with a capacity of 60-80 litres. We recommend taking a backpack or similar. Remember that you are supported by pack horses/mules for part of the ride so please pack light.

- Backpacks cannot be worn whilst riding. We recommend a small bumbag or a coat with pockets so that you can carry small items with you during the day (camera, sunscreen, lipbalm etc)

- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!

### Other useful items

- Swimsuit
- Small backpack for accessing items required during the day (carried by support crew)
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding
- Headtorch or small torch for moving around camp at night bring spare batteries and bulbs
- Water bottle (2 litres or 2 x 1 litre)
- Wet Wipes or equivalent (for when washing facilities aren't available)
- Toilet paper and a lighter to burn it with
- Small plastic bags for rubbish
- Ear plugs (for light sleepers)

### In your hold luggage

- Any liquids, such as shampoo, moisturiser, deodorant unless they are less than 100ml and all bottles can fit in a small, clear, plastic ziplock bag. We recommend biodegradable washing products where possible.

- Swiss army knife (or equivalent)

In your hand luggage

- Any valuables, such as your camera, ipod, ipad etc.
- Your riding hat

#### Medical kit

- Sunscreen and lip balm should be high factor. This is really important as the sun is really strong!
- Insect repellent, preferably containing deet
- Any medication you regularly take
- Blister plasters in case of any rubs

- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...

- Spare prescription glasses/contact lenses
- Eye drops
- Imodium or similar anti-diarrhoea medication
- Re-hydration sachets
- Water purification tablets
- Antiseptic wipes
- Handwash gel

You may wish to ask your doctor for some specific medication for travelling at High Altitudes. We recommend that you discuss this directly with your doctor who is best placed to advise on your personal medical history.

#### Miscellaneous

- We recommend taking a copy of your passport and insurance documents with you in case you lose your originals

- Please take your rubbish home with you. There are no recycling facilities in Peru, so take your used batteries, aerosols etc back home and dispose of them appropriately. Try to leave excess packaging material at home before travelling

#### **SUSTAINABLE TOURISM**

- 1. **Travel light**. It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
- 2. Reduce plastic waste. Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
- 3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
- 4. Choose your experiences carefully. Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
- 5. Support local populations. Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
- 6. Share! Raise awareness among your family and friends about sustainable tourism.

For more information please see this page.