






## Lake Natron Ride

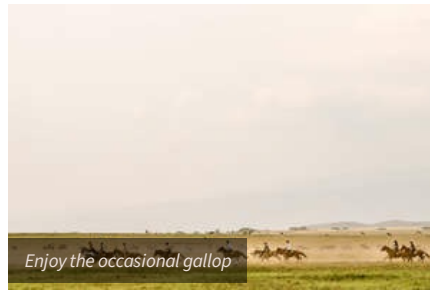
### TANZANIA

A **trail ride** through the hauntingly beautiful Lake Natron area in Tanzania, famous for its vast breeding colonies of flamingoes. Here it is the landscape which is the attraction rather than large herds of game, although you may see zebra and wildebeest if you are lucky. Ride past traditional Masai villages and their cattle bomas before reaching the wildlife areas.

<b>Horseback Safari</b>	 <b>10 days / 8 days riding -</b>	 <b>From £0</b>	
-------------------------	--	--	---



Explore Tanzania in the saddle



Enjoy the occasional gallop



Trail riding in Tanzania with Equus Journeys

### ITINERARY

## Highlights

- The hauntingly beautiful landscape of the Lake Natron area, with it's vast numbers of flamingoes
- See the only active volcano in Africa - Oldonyo Lengai
- Ride through Maasai villages
- Opportunities for long canters and gallops across open grasslands, perhaps with zebra and wildebeest alongsides


## Day 1 — 1: ARRIVE IN ARUSHA - No riding

Depart on a day flight to Kilimanjaro airport, aiming to arrive in the late afternoon/early evening. Please note that, depending on flight schedules it may be necessary to depart a day earlier and spend a night either in Kenya or Tanzania.

You will be met on arrival at Kilimanjaro airport and transferred c. 30 minutes to your accommodation for the night. Depending on your arrival time, you will have the chance to rest before dinner with your group. We generally use the Wildlife residence but other lodges may be used depending on availability.

NB. Please note that this itinerary is a guide - the actual route will depend on game movements and local conditions but always with your best interests at heart.

## Day 2 — 2: ARUSHA TO KASKAZI - 2 hours riding

 Safari camp Tanzania

After breakfast at your lodge, you are transferred to Kaskazi's fly camp which is situated west of Mt Longido and north of N'garuka village - this is a journey of c. 4.5 hours.

Upon arrival at camp, you will have the chance to settle into your tent before lunch is served. After a safety briefing it is time for your first afternoon ride - this is a short ride and a chance to get used to your horse before returning to camp for dinner.

## Day 3 — 3: MAASAI BOMAS - 5-7 hours riding

---

 Safari camp Tanzania

After breakfast in camp it is time for your first full day on horseback. Today's ride is both scenic and cultural as you ride through Maasai villages (bomas) and encounter herdsman out grazing their cattle.

Around midday, stop for lunch under the shade of a tree - lunch may have been carried in your saddle bags or you may be met by the support vehicle.

After a siesta you re-mount your horse and up the pace in order to cover enough ground to reach your camp before the sun hits the horizon.

## Day 4 — 4: GELAI - 5-7 hours riding

---


 Safari camp Tanzania

Early wake up call followed by an English breakfast before joining your mount. Directions are northbound for the day, with Gelai Mountain overlooking you from the East. The day's ride leaves the Masai villages behind and enters the beautiful, almost dreamlike scenery of the Natron region. If you are lucky then you might encounter big herds of zebra and wildebeest roaming the wide-open landscape.

Lunch is taken out in the bush before riding on to the night's camp.

## Day 5 — 5: OLDONYO L'ENGAI - 4-5 hours riding

---


 Safari camp Tanzania

After breakfast, mount up to explore the areas around the only active volcano in Africa, Oldonyo L'Engai (Mountain of God).

Late lunch back in camp with time for a siesta. The afternoon is for everyone to relax, allowing riders and horses muscles to rest.

## Day 6 — 6: LAKE NATRON - 6-7 hours riding

---

 Safari camp Tanzania

Today is going to be a long and tough day, covering about 60 km in close to 40 degrees Celsius temperatures.

With the volcano behind you, enter a riverbed that offers some shade and thereafter cross the open landscape before arriving to the lunch spot. Rest in the shade of some big acacias close to a riverbed, to gain some more energy for the last stretch of the days ride. The night is spent close to the hot springs, overlooking the lake.

## Day 7 — 7: HOT SPRINGS - 2 hours riding

---

 Safari camp Tanzania

After breakfast, a 45 minute walk takes place heading towards the hot springs, near the eastern shores of the soda lake. After the exhausting heat and dust of yesterday's long ride, a rewarding dip adds to the enjoyment of the days adventures. Enjoy lunch in the springs and either walk or drive back to camp.

A late evening ride takes place, enjoying the cooler hours before darkness with good chances of seeing hyenas and jackals searching for food on the mud flats of the lake.

## Day 8 — 8: OLDONYO L'ENGAI - 5-6 hours riding

---

 Safari camp Tanzania

Early morning departure, leaving the dry, desolate and hauntingly beautiful lake behind you and following the familiar riverbed back to the lush, green grassland at the foot of Oldonyo L'Engai. The night is spent in a place now familiar to everyone.

## Day 9 — 9: DEPARTURE FROM ARUSHA - 3 hours riding

---

It's time to say goodbye to the horses and riding team, pack your bags and depart to civilisation. You will ride to the airstrip where you are then

transferred by light aircraft back to Arusha. Lunch at the Ngare Sero Mountain Lodge before transfer to the airport. Day rooms can be booked at an extra cost.

You can depart this evening, or we can book an additional night for you to rest and recover (at additional cost).

## Day 10 — 10: EUROPE

---

Arrival back home in the morning

### DATES & PRICES

We are currently updating our dates and prices they will be online soon. If you want details of this holiday, please do not hesitate to contact us.

## Price details

---

No departure for this destination. Please contact our travel advisers for more information.

- International flights are not included. The domestic flight from Lake Natron to Arusha is included in the price

- Rates are per person, based on two riders sharing a double or twin tent/room.

- There is no single supplement if you are willing to share a room/tent with another guest of the same sex. To guarantee your own room/tent there is a single supplement of \$560/€500/£445 for the duration of the safari.

- Groups consist of a minimum of 6 and a maximum of 10 riders, plus guides

- Wildlife Management Fees are included.

- Please note that there is a rider weight limit of 85kgs / 187lb / 13.3st

- If guests are travelling with an extra bag that is not needed on the riding portion of their trip (as space is limited in the tents). Arrangements can be made to store extra bags for a fee of \$20 per person.

- For those who are not keen horseriders or not confident enough, options for vehicle safaris and walking safaris can be arranged. Their itinerary will be tailored to individual needs and sample itineraries are available upon request

Please Note

The itinerary may be modified at anytime for security reasons, meteorological or events beyond our control such as blocked roads, rivers in flood, drought, strikes and local holidays. Equus Journeys, our local partners and their local guides will always strive to find the best solution and will alter the itinerary as needed.

The names of the hotels and accommodation are given for information only and depending on availability, they may be modified without notice and replaced by another of a similar standard.

## Price includes

---

### SUPPORT TEAM

1 English speaking horse guide

1 backup guide

### LOGISTIC

1 horse equipped with saddle and bridle per rider

1 cook

1 assistant cook

1 support vehicle

### INLAND TRANSPORTS

Internal flight from Lake Natron to Arusha

Airport transfers from/to Kilimanjaro Airport

### ACCOMMODATION

7 nights mobile camp, 2 per safari tent with on suit bush toilets and hot bucket showers.  
1 night in, a private villa 35' from Airport in double room in full board accommodation

### **MEALS**

Full board accomodation and locally sourced beverages during safari

### **EXTRA**

Flying doctor membership for each client (fly out insurance)  
Wildlife Department and Management area Fees

## Price doesn't include

---

### **MEALS**

Imported wines and spirits, personal extras

### **TRANSPORTS**

International flights to Kilimanjaro Airport

### **EXTRA**

Gratuities for the camp team and guides

### **INSURANCE**

Cancellation and travel insurances are not included. Please note that insurance is mandatory. We recommend to take out an insurance policy as soon as your travel is booked in case of cancellation.  
Visas and personal purchase

## Optional

---

### **ACCOMMODATION**

Single tent supplement

## EQUESTRIAN INFO

## Horses

---

Jo has a good selection of horses and polo ponies, a mixture of Thoroughbreds and local breeds. The horses are all purpose trained safari horses. Close to all of them play polo so are western or neck-rein trained (one hand). This allows you to take photos and dig into your saddlebag while out on safari. Only some of them are ridden English style, if this is the case the guide will tell you before you mount your horse. All horses are given lots of love, care and attention, therefore resulting in their nice characters and strong personalities. They all have their own heads with different temperaments, which allows Jo and her team to find a perfect fit for each rider.

## Guide & local team

---

All guides are qualified and professionally trained, with good knowledge about Tanzania's fauna and flora. A keen interest is taken in the smaller creatures as well as bigger game. The cultural visits bring in knowledge of medicinal and traditional beliefs about Tanzania's trees and plants.

Out on safari the lead guide is either armed or carries a bullwhip and communicate over radios and cellphones, with a mobile station in each vehicle

## Minimum riding ability

---

### **MINIMUM RIDING ABILITY**

You need to be a competent rider, capable of standing to the canter and remaining in control in open spaces. There may be requirements to gallop out of danger and so you need to be secure in the saddle and confident at all paces. There are some obstacles and so some jumping ability is preferable, but all jumps are optional.

Please note that there is a rider weight limit of 85kgs.

## **PACE**

There will be long stretches of walk across technical terrain, but there are many opportunities for long trots and canters across the open grasslands, possibly with herds of game. The cooler mornings offer more chances for faster riding, whereas the afternoons are usually shorter and quieter.

## **TACKING ABILITY AND PARTICIPATION**

Your horses will be groomed and tacked up for you, but you may be asked to assist with untacking your horse at lunch stops and on arrival in camp in the evenings.

## **TRIP CONDITIONS AND REQUESTED EXPERIENCE**

You need to be physically fit for the long hours in the saddle (up to 7 hours each day) in hot and sometimes humid conditions. This ride is the most challenging of our itineraries in Tanzania and so you should be prepared for the heat and strenuous nature of the ride. The terrain requires your full attention - there may be holes or branches to avoid and you may need to ascend/descend riverbanks or ravines. Sometimes, you may be asked to dismount and lead your horse on foot.

Riders who do not ride regularly must get riding fit before joining this safari.

You will meet different cultures and mentalities which requires acceptance of these differences and respect for others.

## **EQUESTRIAN EQUIPMENT**

Saddle bags are provided so that you can keep essentials with you during the day.  
English or McLellan-like saddles.

We recommend our riders to wear a helmet to the correct standard and you should bring your own to ensure a proper fit. Helmets are not available to borrow.

## **TRAVEL INFO**

### **COMFORT**

Permanent Camp/Lodge (1 night): the first night is spent at a boutique, family-run wildlife lodge with six en-suite bedrooms. The lodge is located within Dolly Wildlife Estate, only thirty minute drive from Kilimanjaro International airport and Arusha Town, nestled between Mt Kilimanjaro and Mt Meru and home to zebra, wildebeest, Eland, Kudu, other species of gazelle and antelope including the very shy and rare Gerenuk (availability dependent - if we cannot get space we have many other equally as nice, same standard lodges that we use).

Mobile camp (7 nights): Each site is carefully chosen. The tents are spacious and each has a bush toilet and a bucket shower. Comfortable bedding and bath towels are provided.

### **MEALS**

Meals are prepared by a professionally trained bush chef.

Breakfast is traditional and includes fresh fruit juice

Lunch is either sandwiches from the saddle bags or a selection of light dishes produced from the support vehicle in a shady spot.

Dinner is three courses and a mixture of local and international dishes with fresh salads and freshly baked bread.

Drinks are included whilst on safari but payable locally at lodges added on at the beginning/end.

### **CLIMATE**

Tanzania has two main seasons - the dry season and the wet season. The dry season is from May to October, when it is unlikely to rain and the daytime temperatures are warm.

There are two rainy seasons: the long rains extend from mid-March to early May, with the majority of the rain in April. Evenings can be cool or even cold. The short rains are from early November to mid December - during this period the rain is not constant but falls in heavy showers during the day.

The hottest months are December to February.

Around Mount Kilimanjaro there is often snowfall overnight in January and February, and freezing cold nights in July and August.

### **TIPS**

Tipping in Tanzania is common and well received when you are happy with the service. We recommend \$25-40 per day per day per person (for the

whole team), but it is left at your discretion. We suggest tipping your lead guide who can distribute the money amongst all members of the team.

## **PACKING LIST**

### Head

- Equus Journeys strongly recommend that you wear a riding helmet and that you take your own to ensure a correct fit.
- Sunhat for when not riding
- Sunglasses - with a cord attached so they don't fly off when riding
- Buff or bandana

### Upper body

- Long sleeved shirts provide protection from the sun and thorns
- T-shirts
- Fleece, jumper or jacket - the evenings can be cold
- Waterproof jacket - the rains can be difficult to foresee and it's better to be prepared
- Casual clothes for the evening

### Legs

- Lightweight, comfortable riding trousers or jodhpurs - we recommend riding in them at home before taking them on holiday to ensure they don't rub
- Shorts for lazy lunchtimes
- Casual clothes for the evening

### Hands and Feet

- Comfortable riding boots. We recommend short boots with half chaps but you may wish to take long chaps to protect against thorns. We don't recommend taking your favourite long leather boots in case they get damaged
- Sandals, flip-flops or trainers for moving around the lodge and camp
- Gloves - your hands are particularly exposed to the sun whilst riding

### Nightwear

#### Our Recommendations

- Please don't take a hard sided suitcase. Your luggage should be soft sided for easy transportation between camps.
- Wherever possible you should wear neutral colours, such as beige, brown or natural bush colours for riding as bright colours, such as red, yellow or white can startle the wildlife and they will see you long before you've seen them
- We recommend travelling in your riding boots and carrying your hat and some riding clothes in your hand luggage - then if your luggage goes astray you are still able to ride!

#### Other useful items

- Waterbottle to keep in the saddlebags
- Swimsuit - for the Lake Natron ride
- Towel. A camping towel will both dry quicker and pack lighter
- Binoculars for viewing game
- Camera and high capacity memory card. Spare battery
- Bumbag for carrying your camera and small items whilst riding
- Headtorch or small torch for moving around camp at night

#### In your luggage

- Any liquids, such as shampoo, moisturiser, deodorant unless they are less than 100ml and all bottles can fit in a small, clear, plastic ziplock bag

#### In your hand luggage

- Any valuables, such as your camera, ipod, ipad etc.
- Your riding hat

#### Medical kit

- Sunscreen and lip balm - must be high factor
- Insect repellent, preferably containing deet
- Any medication you regularly take
- Blister plasters in case of any rubs
- Antiseptic cream, plasters, aspirin, anti-histamine, insect-bite salve etc...
- Spare prescription glasses/contact lenses
- Ear plugs, particularly if you are a light sleeper
- Anti malarial tablets and Yellow Fever Certificate (check with your doctor)

## SUSTAINABLE TOURISM

1. **Travel light.** It's a little known fact, but the lighter you pack, the better for the environment as heavy bags will produce higher emissions (when flying a plane or driving a car!).
2. **Reduce plastic waste.** Take your favorite reusable bottle with you. Avoid single-use bags, cups, or straws.
3. **Preserve nature.** Always take your rubbish with you during the ride and recycle them. Leave all the flowers or plants as you found them, and never get too close when observing wildlife. Make sure to use eco-friendly products such as body wash or laundry detergent (if camping) to protect both your skin and the environment.
4. **Choose your experiences carefully.** Respect animal life by not participating in any activities that abuse wild animals (shows, elephant rides, etc.).
5. **Support local populations.** Buy local handicrafts, be respectful of customs, and learn about the culture of local communities.
6. **Share!** Raise awareness among your family and friends about sustainable tourism.

For more information please [see this page](#) .